

Ouwehand, A.C., Philipp, S., (2004). *Bifidobacterium lactis* HN019; the good taste of health. AgroFOOD Industry Hi-tech, 15, 10-12.

Abstract

Probiotics are among the most common functional foods on the market. Scientific documentation is important is of major importance for the credibility of the probiotic product. We here describe the efficacy of *Bifidobacterium lactis* HN019, a strain that has been shown to enhance the non-specific immune response in humans and in animal studies to protect from enteric infections. The approach to select probiotics with a specific function, immune modulation in the case of *B. lactis* HN019, is new and may be come more important in the future with probiotics for specific diseases and for selected subpopulations, like the elderly.